



# Qingwei Zhong

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China



## EDUCATION

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- Sun Yat-sen University** Sep 2017 - Jun 2020  
Epidemiology Master of Medicine School of Public Health Guangzhou  
• Honors/Awards: second-class scholarship (2017-2019)
- Central South University** Sep 2012 - Jun 2017  
Preventive Medicine Bachelor Of Medicine, School of Public Health Changsha  
• Rank:19/74  
• Honors/Awards:Three-class scholarship (2013-2017)

## WORK EXPERIENCE

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- Guangdong Provincial People's Hospital** Jun 2020 - Present  
Researcher Assistant Global Health Research Center Guangzhou  
Working on a meta-analysis and Two-sample mendelian randomization study about CVD

## Publication

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### Published work

- Zhong QW**, Wu YY, Xiong F, Liu M, Liu YP, Wang C, Chen YM. Higher flavonoid intake is associated with a lower progression risk of non-alcoholic fatty liver disease in adults: a prospective study. *Br J Nutr* 2020; doi:10.1017/s0007114520002846. [Online ahead of print]
- Deng, YY, **Zhong QW**, Zhong HL, Xiong F, Ke YB, Chen YM. Higher Healthy Lifestyle Score is associated with lower presence of Non-alcoholic fatty liver disease in middle-aged and older Chinese adults: a community-based cross-sectional study. *Public Health Nutr* 2021:1-22. doi: 10.1017/s1368980021000902. (Co-first author). [Online ahead of print] (Co-first author)
- Ding D, **Zhong QW**, Zuo LS, Ling CW, Xiong F, Ke YB, Chen YM. Association between erythrocyte membrane n-3 and n-6 polyunsaturated fatty acids and carotid atherosclerosis: A prospective study. *Atherosclerosis* 2020; 298:7-13. doi:10.1016/j.atherosclerosis.2020.02.013. (*Co-first author*)
- Dong HL, Tang XY, Deng YY, **Zhong QW**, Wang C, Zhang ZQ, Chen YM. Urinary equol, but not daidzein and genistein, was inversely associated with the risk of type 2 diabetes in Chinese adults. *Eur J Nutr* 2020; 59(2):719-28. doi:10.1007/s00394-019-01939-0.
- Dong H, Xiong F, **Zhong Q**, Li Y, Liu M, Ling W, Tang X, Chen Y. Urinary equol is associated with bioavailable testosterone but not total testosterone in women. *Endocr J* 2020; 67(3):257-66. doi:10.1507/endocrj.EJ19-0319.
- Zhong QW**, Chen YM (2019) Association of dietary anthocyanin with non alcohol fatty liver disease in middle-aged and elderly Chinese: a 3 years prospective study. The 14th China Nutrition Science Congress and the 11<sup>th</sup> Asia Pacific Conference on Clinical Nutrition, Nanjing:P2-066.

## MISCELLANEOUS

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- **Skills:** SPSS, Stata , R, Word, PowerPoint, Excel
- **Languages:** Chinese (Native), English (IELTS 6.5), Cantonese
- **Interests:** Swimming, Singing